# **Optimal launch angles:** Novel perspectives of an ancient problem

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# Revisiting the optimal shot-put release angle:

solving a maximization problem with geometry

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# Ancient knowledge:



# The "optimal angle" to fire a canon ball is 45° !

...to achieve the maximum range on flat ground

https://image3.slideserve.com/6601227/horizontal-range-of-a-projectile-l.jpg



less than that of the parabola bd, for which the tangent at d makes an angle of 45° with the horizontal. From which it having the same speed, but each having a different elevation, the maximum range, i. e., amplitude of the semi-parabola or of the entire parabola, will be obtained when the elevation is 45°: the

276 THE TWO NEW SCIENCES OF GALILEO other shots, fired at angles greater or less will have a shorter range.

1638

SAGR. The force of rigid demons in mathematics fills me with won Con una Appendice del centro di granità d'alcuni Solidi.

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Dialogues Concerning TWO NEW **SCIENCES** GALILEO GALILEI

TRANSLATED BY Henry Crew & Alfonso de Salvio

> WILLIAM ANDREW PUBLISHING Norwich, New York, U.S.A.

If you wish to purchase a printed copy go to: http://store.doverpublications.com

Dover Publications, Inc., New York

# Last century knowledge:

# There seems to be a simple "puzzle"...

#### Maximizing the range of the shot put



D. B. Lichtenberg and J. G. Wills *Physics Department, Indiana University, Bloomington, Indial* (Received 12 July 1976)

We address the problem of the optimum angle at worder to achieve maximum distance.

## I. OPTIMAL ANGLE NEGLECTING AIR RESISTANCE

In most elementary physics textbooks, it is stated that

angle of firing is 45°. However, film studies by Cureton<sup>1</sup> of shot putters in action have shown that the best putters release the shot at an angle of between 40° and 42° from the norizontal. We have spoken to several people, both in physics and in coaching, and they seemed genuinely puzzled by the discrepancy. (A common reaction among physicists was to attribute the difference to the effect of air resistance, but as we shall show in Sec. II, air resistance does not appreciably affect the optimum angle.)



```
0 = h + R \tan\theta - (\frac{1}{2})gR^2 \operatorname{se}
```

Solving for R, we get

 $R = v^2 \cos\theta [\sin\theta + (\sin^2\theta + 2gh$ 

By inspection of Eq. (6), we see that inclusion increase R. Thus, as expected, the puttomaximize both the speed and height of To find the maximum range as a functake the derivative of R with respect to R zero. We obtain

 $\sin^2\theta_m = (2 + 2gh/v^2)^-$ 

American Journal of Physics **46**, 546 (1978) doi: 10.1119/1.11258

# Horizontal Range of a Projectile

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https://image3.slideserve.com/6601227/horizontal-range-of-a-projectile-l.jpg



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#### In other words, the maximum *range* problem ...is just the maximum *area* problem,



#### In other words, the maximum **range** problem

...is just the maximum **area** problem,

subjected to

Fixed launch speed  $\Leftrightarrow$  fixed length of red line; Fixed landing speed  $\Leftrightarrow$  fixed length of blue line.



From a geometry detour, we conclude that in the maximum *range* trajectory, the initial velocity is orthogonal to the final velocity !!

 $\frac{v_x}{v_y}$ 

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...which readily leads to the L&W result:

To find the maximum range as a function of  $\theta$ , we must take the derivative of R with respect to  $\theta$  and set it equal to zero. We obtain

$$\sin^2\theta_m = (2 + 2gh/v^2)^{-1},$$
 (7)

where  $\theta_m$  is the angle which gives the maximum range  $R_m$ . From Eq. (7) if we know the height at which the shot leaves

# **Other** points of interest

- "Sophisticated vector methods"
- "Envelope"
- "Duality"

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• If your students know vector methods...

• If your students know vector methods...



American Journal of Physics 50, 181 (1982)

Edge of region in *x*-*y* plane where projectile can reach...



$$gH \equiv v^2/2$$

Edge of region in *x*-*y* plane where projectile can reach... is also a simple quadratic:  $y = H [1 - (x/2H)^2]!$ 





#### How to use this? Given v, compute $H = v^2/2g$ .

- Tell me the elevation of target (*y*), *x* is the furthest you can reach.
- Tell me the distance to the target (*x*), *y* is the highest you can get.

<u>Original question</u>: Target is a distance <u>h</u> <u>below</u>, what's the *furthest* (**R**) you can reach?





$$x(t) = v_x t$$
;  $y(t) = v_y t - (g/2)t^2$ 

- Eliminate  $t = x/v_x$
- Use  $v_v / v_x = tan\theta$  and define by simpler symbol  $\tau$
- Write  $v_x^2 = v^2 \cos^2 \theta \implies v_x^{-2} = v^{-2} (1 + \tau^2)$
- Simplify combination

$$2gv^{-2} \equiv 1/H$$

$$y(x,\tau) = \tau x - (1/4H)(1+\tau^2)x^2$$

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## Original problem:

- Set y = -h and find  $x = R(\tau)$  from above (quadratic! which root?)
- Differentiate w.r.t.  $\theta$  (ouch!) and set that to zero to find  $\theta_{opt}$  (OUCH!!).

## Rephrased problem:

- Set x = R and find  $-h = y(\tau)$  from above (right there, nothing to solve!)
- Differentiate w.r.t.  $\tau$  (easy!) and set that to zero (trivial!) to find

$$1 = (R/2H)\tau_{opt} \implies R\tau_{opt} = 2H$$

• Substitute  $\tau x => R \tau_{opt}$  back (easy!) to get  $y_{env}(x)$ 

 $\tau \equiv tan\theta$ 

Take-home messages (or "Morals") a.k.a.

TIPS to make life easier! TIPS you can teach your students! TIPS to share with your friends/colleagues!





- Don't just follow the requests (questions) literally.
  - Here, you would find  $R(\Box)$ , write out  $dR/d\Box = 0$  and try to solve that for  $\Box_{opt}$ .
  - All these steps are "hard" or at least prone to errors.

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All these steps are "hard" – or at least prone to errors.

Look for equivalent formulations (rephrasing) of the question. They may turn out to get you down an easier path. Here, I showed you that maximizing *R* given *h* is the same as fixing *R* and maximizing *h*. Finding *R*(□,*h*) is messier than finding *h*(□,*R*) in this case.

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- Look for better variables than the ones given. They may turn out ... If we face an optimization condition like du/dx=0...By changi Now, we letter than letter than letter than letter than letter than you choose a variable with dz/dx = 0 (in the region of interest), then your opt.cond. is just dy/dz=0 (which may be "nicer").

When he got "knighted," he got to design his **Coat of Arms.** 



#### **NIELS BOHR** 7 | 10 | 1885 - 18 | 11 | 1962

Everything we call real is made of things that cannot be regarded as real.

If quantum mechanics hasn't profoundly shocked you, you haven't understood it yet.



- ... <u>not</u> a precise concept
- Examples abound in mathematics and physics.
- Typically links *two* aspects of one problem (or an object) in some complementary manner...
- ...its specific role comes from the precise definition of "complementarity."

 $x \leftrightarrow -x$ ;  $x \leftrightarrow 1/x$ ;

 $x \text{ space} \leftrightarrow k \text{ space}$ 

wave  $\leftrightarrow$  particle;  $T > T_c \leftrightarrow T < T_c$ ;  $AdS \leftrightarrow CFT$  ...

### "Duality" here:

• Two problems: basketball & shot-put

#### and

• Two points on a parabola with *orthogonal* slopes

Two problems (basketball & shot put) are dual to each other!

To use technical jargon, Via "reflection & time reversal".



basketball



The two are orthogonal if s = -1/s i.e., ss = -1

#### "Duality" here:

Two points on a parabola with *orthogonal* slopes.



- focus **\*** at 0
- directrix at 1
- curvature ±1
- intercepts at ±1

$$\eta = \frac{1-\xi^2}{2}$$

• slope at 
$$\xi$$
:  $-\xi$ 



Two points on a standard parabola with <u>orthogonal</u> slopes, e.g.



shot put

Two points on a standard parabola with *orthogonal* slopes,



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Switching gears drastically... to geometric optics.

#### Consider a parabolic mirror (2-D would do)

Beams parallel to the axis impinging on the mirror are reflected to the focus.





Light beams emerging from the focus are reflected to rays parallel to the axis.

#### "Duality": Switching gears drastically to geom

Switching gears drastically... to geometric optics.



- Look for similarities in problems from different areas/fields. They may turn out to be of great help with ...
  - ... providing insights into your problem.
  - ... offering methods for solving your problem.
  - ... broadening your perspectives.
  - ... uncovering deep connections.
- Some examples:

Here, it's projectile optimization ~ ray optics. Elsewhere, there is...

- distribution of primes  $\sim \zeta(z) \equiv \sum_{n} 1/n^{z}$ ,
- superconductivity ~ Higgs mechanism,
- QFT renormalization ~ critical phenomena universality ~ central limit theorem ~ normal distribution,
- predator prey dynamics ~ onset of (some kind of) turbulence,
- Quantum Hall effect ~ El Niño

# What else?

There is a graphic !! way to determine the optimal trajectory for projectile motion.

It focuses on the role of the directrix & focus.

The method easily generalizes to the same problem for a spherical earth! ... while the analytic method is HORRENDOUS!!







# Conclusion

Even <u>ancient/elementary</u> problems in physics may lead to a trove of <u>novel/interesting</u> treasures!

> Enjoy digging elsewhere !!



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# **Optimal launch angles:** Novel perspectives of an ancient problem

We revisit the ancient problem of finding the optimal angle for launching a projectile so as to maximize the range. In the last meeting, we showed a solution to this problem using only geometry. Here, we present some novel perspectives. One is the notion of "duality" (between the launch and target sites). Another is the envelope of all trajectories (for launching at different angles, but with the same speed). Consequences associated with these ideas are explored. Finally, we present a simple, unified approach that includes launches on a spherical earth. Relying only on energy conservation and properties of ellipses/parabolas, this approach should lie within the grasp of high school students.

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