

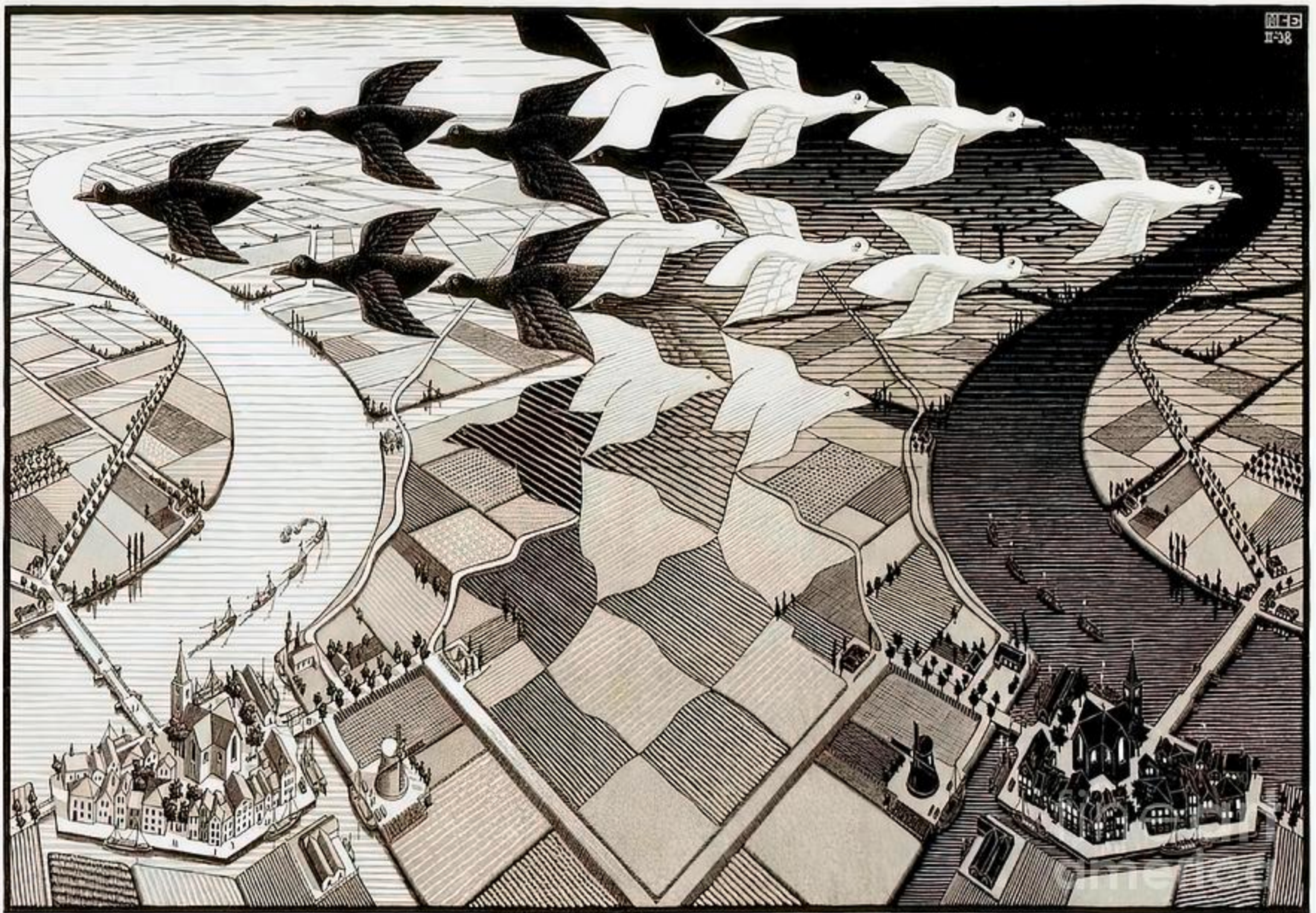
# Superposition of Quantum Mechanics and SCALE-UP in the Classroom

Gerald Feldman<sup>1</sup>, Rahul Simha<sup>2</sup>, Denis F. Cioffi<sup>1</sup>

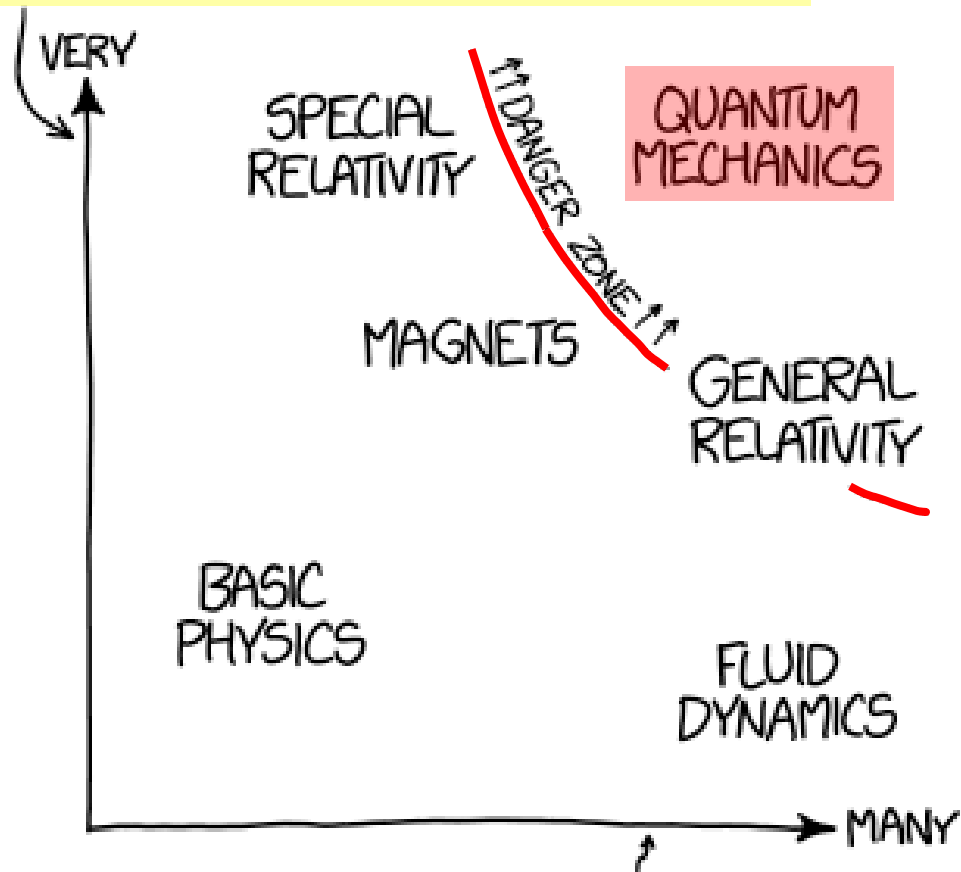
<sup>1</sup>Dept. of Physics

<sup>2</sup>Dept. of Computer Science





HOW PHILOSOPHICALLY EXCITING THE QUESTIONS ARE TO A NOVICE STUDENT



HOW MANY YEARS OF MATH ARE NEEDED TO UNDERSTAND THE ANSWERS

WHY SO MANY PEOPLE HAVE WEIRD IDEAS ABOUT QUANTUM MECHANICS

# A vexing question...

Quantum Mechanics is the upper-level undergraduate course that is often the most challenging in the core curriculum for physics majors. While active-learning pedagogical approaches such as SCALE-UP are gaining traction in introductory physics courses at institutions throughout the country, most upper-level classes are still largely taught in a conventional lecture mode.

One could ask the following question (which I have been asked in the past):

“If we expect **first-year students** to prepare in advance for class and to work together on **introductory-level problems and exercises** in a SCALE-UP collaborative group-learning classroom, then why don't we correspondingly expect **third-year students** to do the same in their **upper-level classes**?”

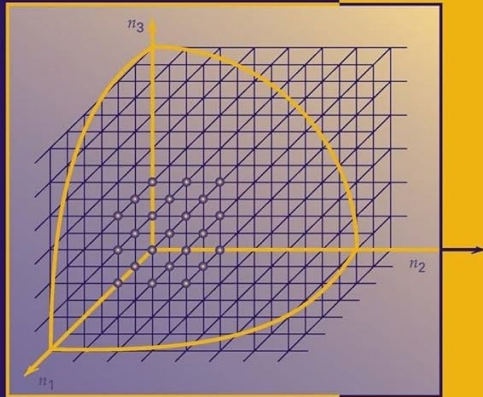
# **Basics of the Course**

# Quantum Mechanics

- **Modern Physics:** usually in 2<sup>nd</sup> undergraduate year
  - ✓ Special Relativity
  - ✓ **Quantum Physics**
  - ✓ Atomic Physics
  - ✓ Selected topics (nuclear, solid state, molecular, astro, etc.)
- **Quantum Mechanics:** usually in 3<sup>rd</sup> or 4<sup>th</sup> year
  - ✓ can be a one-semester or two-semester course
  - ✓ QM course at George Washington University
    - one semester – class scheduled twice a week (75 minutes)
    - primary instructor (GF), Friday tutor (RS), consultant (DFC)
    - students: six female physics majors
    - three exams (70%), five quizzes (20%), weekly homework (10%)
    - supplementary session on Friday (60-90 minutes)

# Quantum Physics

3<sup>rd</sup> edition



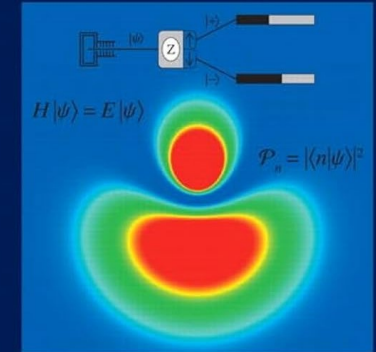
Stephen Gasiorowicz

# Principles of Quantum Mechanics

SECOND EDITION

R. Shankar

# QUANTUM MECHANICS

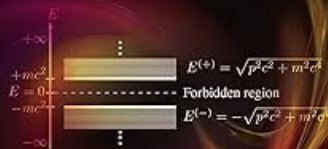


DAVID H. MCINTYRE

# QUANTUM MECHANICS

CONCEPTS AND APPLICATIONS

NOUREDINE ZETILI



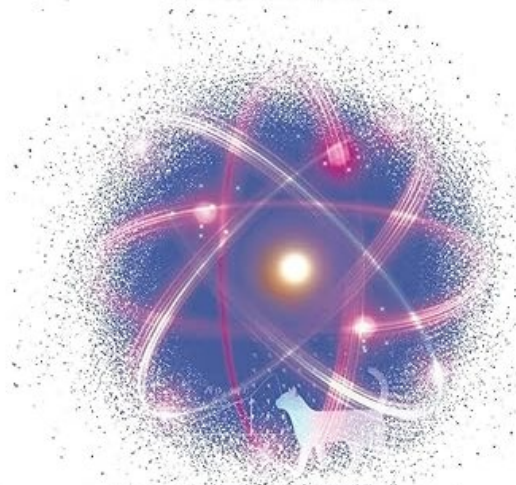
WILEY

# QUANTUM MECHANICS

An Accessible Introduction

Second Edition

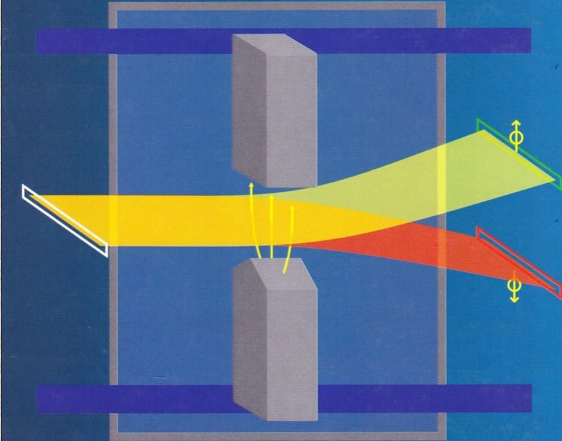
Robert Scherrer



World Scientific

# A Modern Approach to QUANTUM MECHANICS

Second Edition



John S. Townsend

INTRODUCTION TO  
**QUANTUM  
MECHANICS**

THIRD EDITION



DAVID J. GRIFFITHS  
DARRELL F. SCHROETER

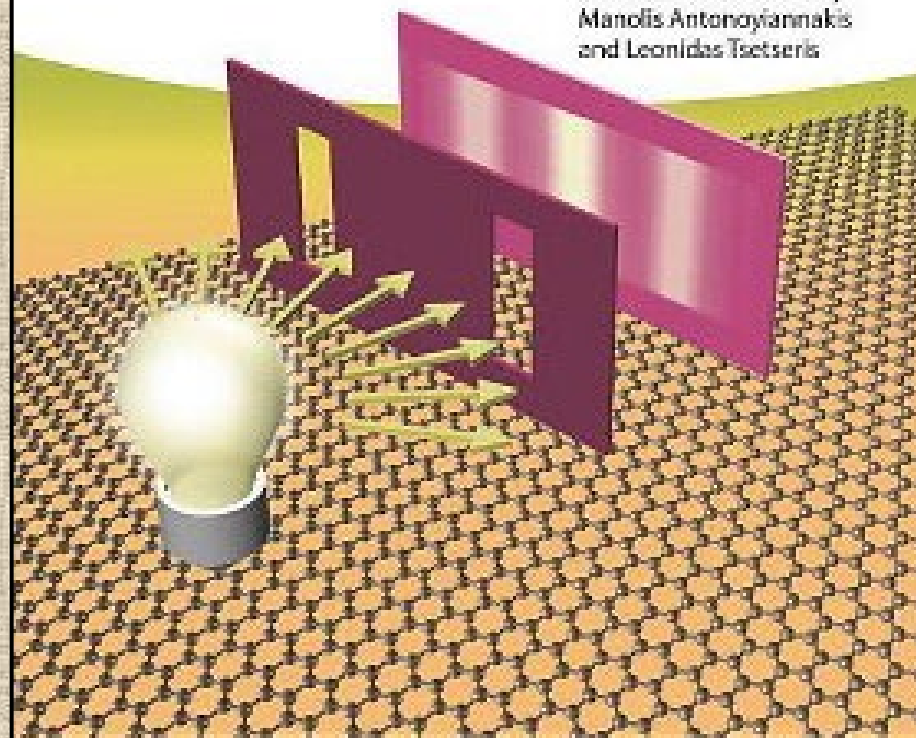
WILEY-VCH

Stefanos Trachanas

# An Introduction to Quantum Physics

A First Course for Physicists, Chemists,  
Materials Scientists, and Engineers

Translated and Edited by:  
Manolis Antonoyiannakis  
and Leonidas Tsetseris



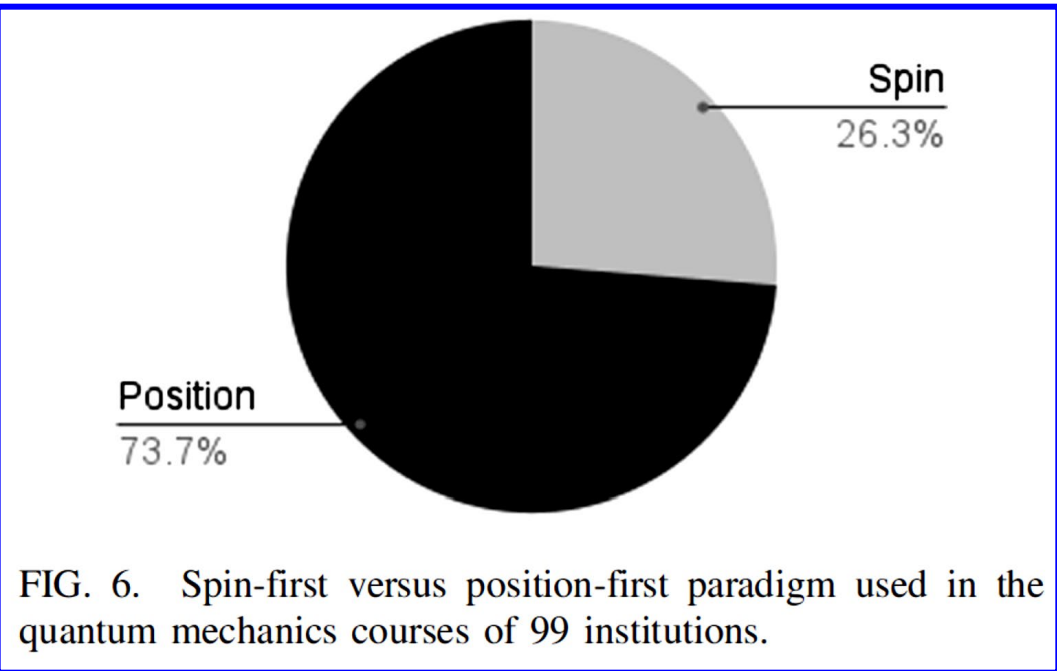
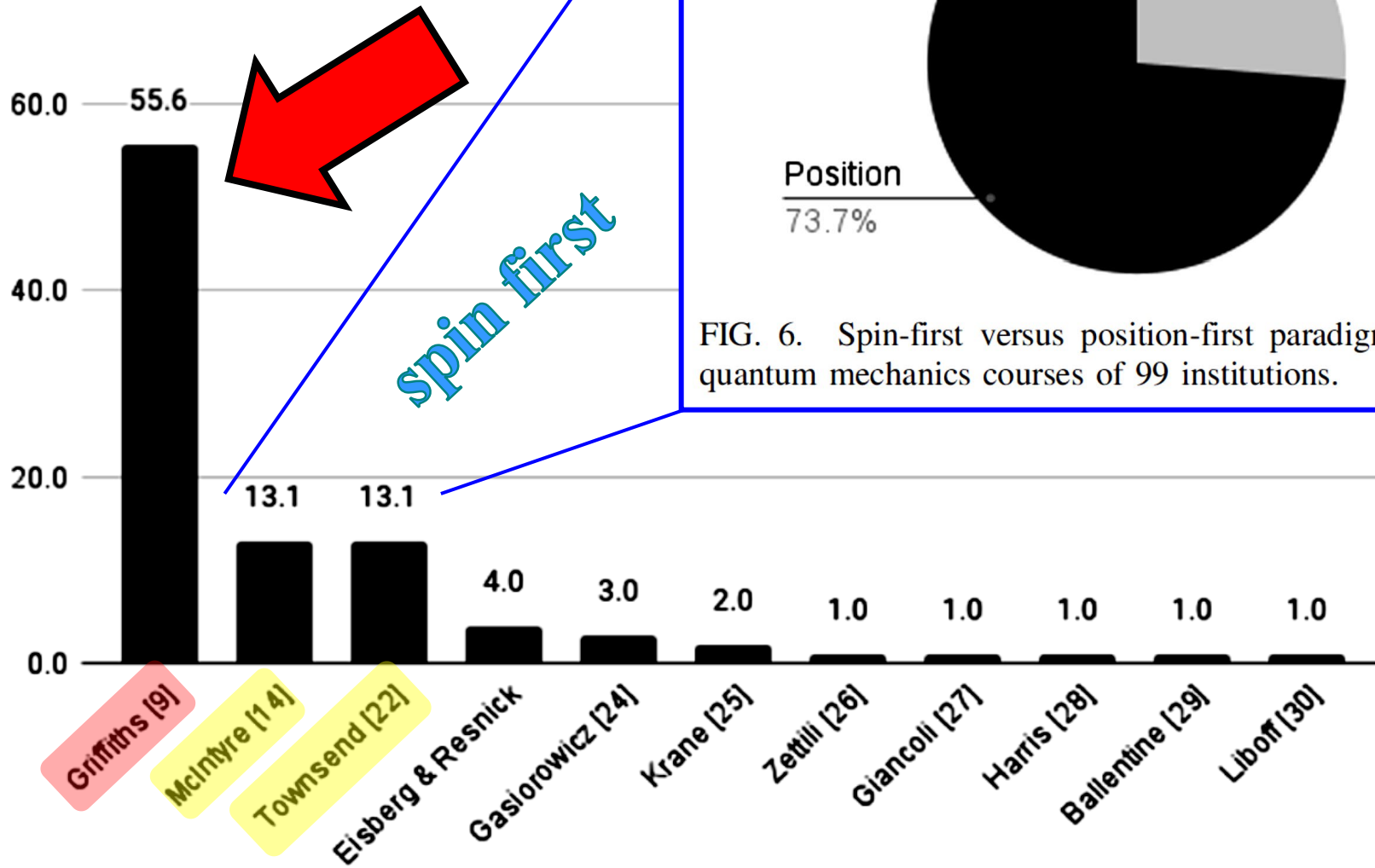


FIG. 6. Spin-first versus position-first paradigm used in the quantum mechanics courses of 99 institutions.

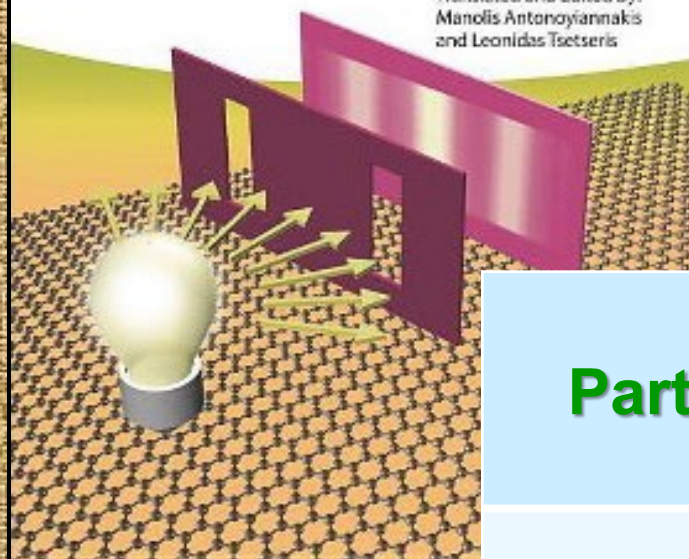
FIG. 7. Textbooks used by quantum mechanics courses at 99 institutions.

Stefanos Trachanas

# An Introduction to Quantum Physics

A First Course for Physicists, Chemists,  
Materials Scientists, and Engineers

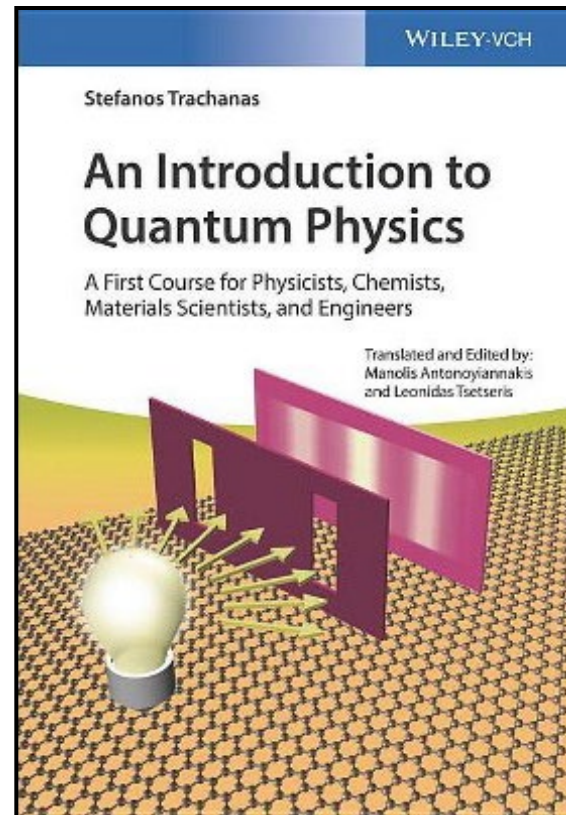
Translated and Edited by:  
Manolis Antonoyiannakis  
and Leonidas Tsetseris

**Part I****Fundamental Principles****Part II****Simple Quantum Systems****Part III****Quantum Mechanics in Action:  
The Structure of Matter**

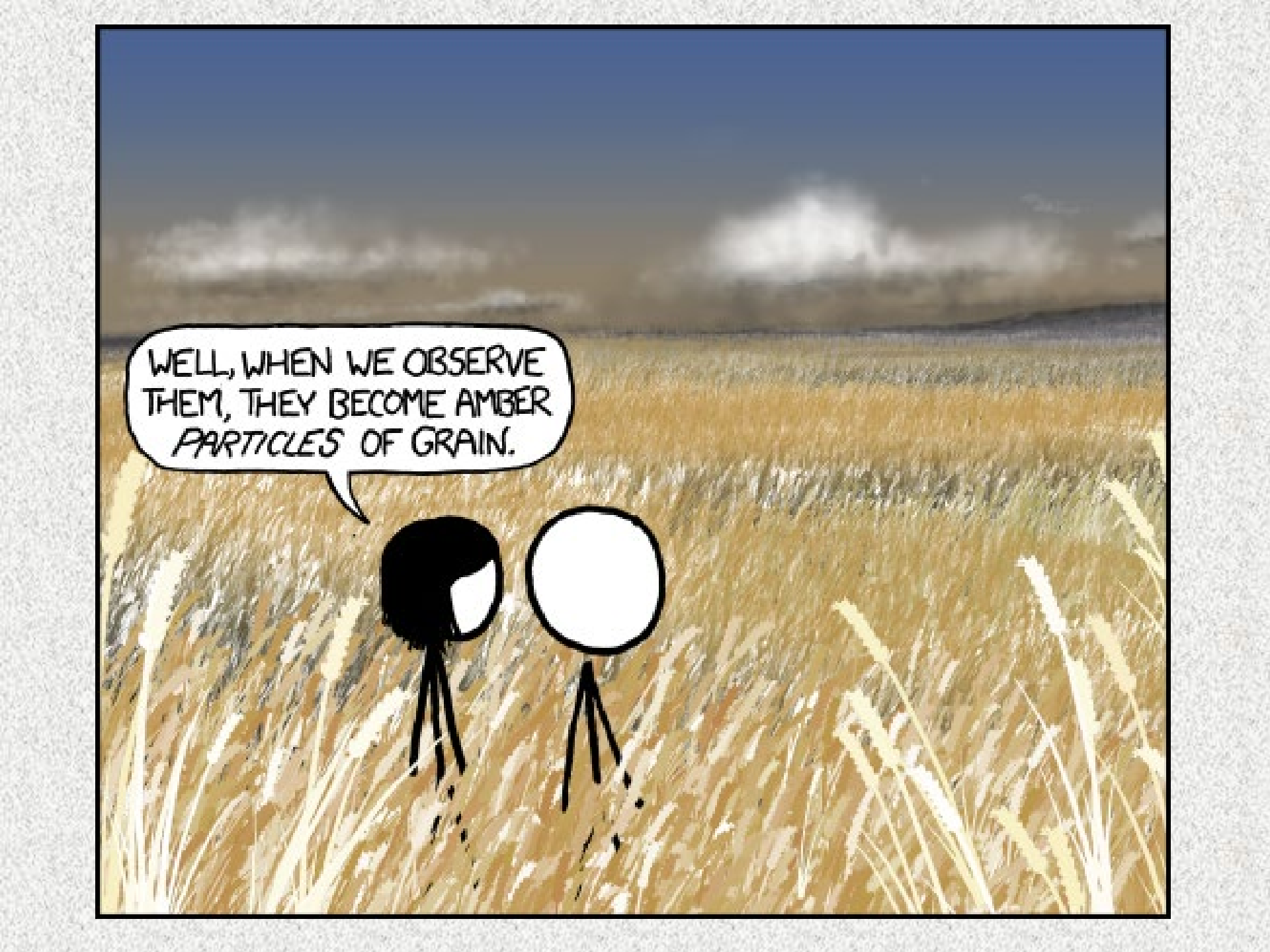
<b>Chap. 1</b>	<b>Principle of Wave-Particle Duality</b>
<b>2</b>	<b>Schrödinger Equation and its Statistical Interpretation</b>
<b>3</b>	<b>Uncertainty Principle</b>
<b>Chap. 4</b>	<b>Square Potentials I: Discrete Spectra – Bound States</b>
<b>5</b>	<b>Square Potentials II: Continuous Spectra – Scattering States</b>
<b>6</b>	<b>The Harmonic Oscillator</b>
<b>7</b>	<b>Polynomial Method: Systematic Theory and Applications</b>
<b>8</b>	<b>Hydrogen Atom I: Spherically Symmetric Solutions</b>
<b>9</b>	<b>Hydrogen Atom II: Solutions with Angular Dependence</b>
<b>10</b>	<b>Atoms in a Magnetic Field and the Emergence of Spin</b>
<b>11</b>	<b>Identical Particles and the Pauli Principle</b>
<b>Chap. 12</b>	<b>Atoms and the Periodic Table</b>
<b>13</b>	<b>Molecules I: Elementary Theory of Chemical Bonds</b>
<b>14</b>	<b>Molecules II: The Chemistry of Carbon</b>
<b>15</b>	<b>Solids: Conductors, Semiconductors, Insulators</b>
<b>16</b>	<b>Matter and Light: Interactions of Atoms with EM Radiation</b>

It is an unusual book. All the formulas and numbers and tables that you find in any other textbook on the subject are there. This level of systematic detail is important; one does expect a textbook to contain a complete treatment of the subject and to serve as a reference for key results and expressions. But there are also many wonderful insights that I have not found elsewhere, and numerous elaborate discussions and explanations of the *meaning* of the formulas, a crucial ingredient for developing an *understanding* of quantum physics.

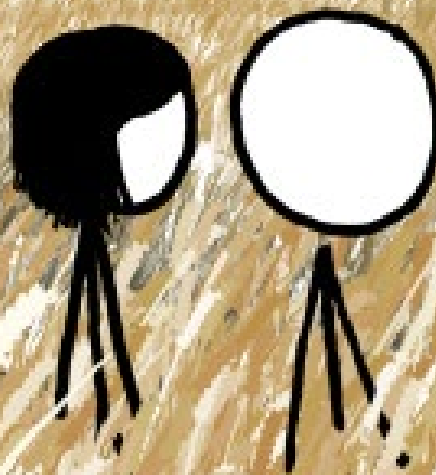
Efthimios Kaxiras



# Activities in the Course



WELL, WHEN WE OBSERVE  
THEM, THEY BECOME AMBER  
*PARTICLES* OF GRAIN.



## ConcepTest 2

## Energy Probability

For the following arbitrary wave function, what is the probability of measuring  $E_1$  or  $E_2$ ?

$$\psi = \frac{1}{4}\psi_1 + \frac{3}{4}\psi_2$$

1. 1/4 or 3/4

2. 1/16 or 9/16

3. 1 or 3

4. 1/10 or 9/10

5. 1/2 or  $\sqrt{3}/2$

## ConcepTest 3

## Energy Probability

For the following arbitrary wave function, what is the probability of measuring  $E_3$ ?

$$\psi = 2\psi_1 + 3\psi_2 + 6\psi_3$$

1. 0.167

2. 0.735

3. 0.028

4. 0.545

5. 0.438

Consider a particle whose wave function is given by:

$$\psi = N(3\psi_1 + 4\psi_2)$$

where the energy eigenvalues are  $E_1 = 5$  and  $E_2 = 10$ .

(a) Find the normalization constant.  $N = 1/5$

(b) Calculate the mean energy  $\langle E \rangle$ .

$$\langle E \rangle = P_1 E_1 + P_2 E_2 = \frac{9}{25} \cdot 5 + \frac{16}{25} \cdot 10 = \frac{41}{5} = 8.2$$

(c) Calculate the energy uncertainty  $\Delta E$ .

$$\langle E^2 \rangle = P_1 E_1^2 + P_2 E_2^2 = \frac{9}{25} \cdot 25 + \frac{16}{25} \cdot 100 = 73$$

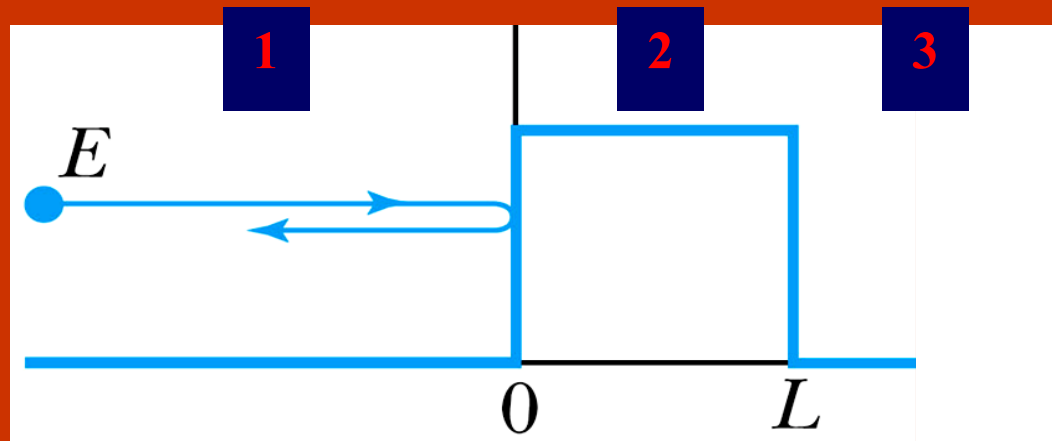
$$(\Delta E)^2 = \langle E^2 \rangle - \langle E \rangle^2 = 73 - 67.24 = 5.76 \quad \Rightarrow \quad \Delta E = 2.4$$

## ConceptTest 4

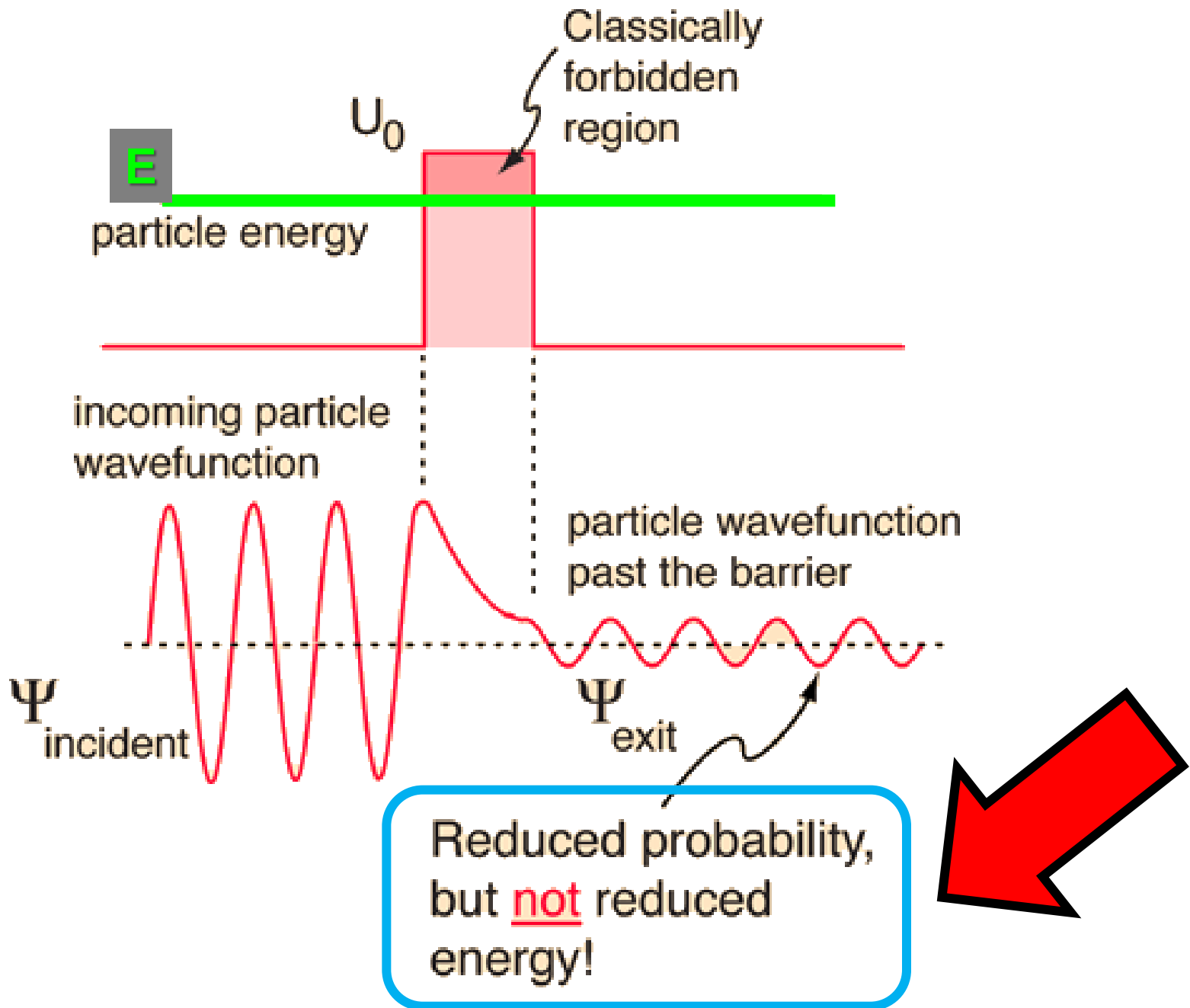
## Tunneling

How does the energy of the particles that have tunneled through the barrier compare to their initial energy?

1. it is lower than the initial
2. it is higher than the initial
3. it is the same as the initial
4. it is zero in all cases



The wave number  $k$  is the same in regions 1 and 3, so the energy of the particle is the same when the particle emerges from the barrier. **But what does change for the particle?**





# The Quantum Mechanics Visualisation Project

SORT

Newest Alphabetical

TOPIC

- All Topics
- Classical systems
- Single photon experiments
- Linear algebra
- One dimensional potentials
- Two dimensional potentials
- Multiple particles
- Spin angular momentum
- Entanglement
- Fundamental concepts
- Quantum information

LEVEL

- All Levels
- Introductory
- Advanced

### The Finite Well

Simulation Challenges The finite and infinite square wells QuVis

Comparison of the finite and infinite square wells

Energy  $E_1 = 0.847 \text{ (in units of } \frac{\hbar^2}{2mL^2})$   
 $V = 13.13 \text{ (in units of } \frac{\hbar^2}{2mL^2})$

The graphs show you the ground state and first few excited state wavefunctions and probability densities for a one-dimensional finite well and an infinite well. How does the well depth affect the shape of the probability density, the number of energy levels and the energy values? Use the "I" buttons for more information. Then try the Challenges!

Main Controls

Well depth  $V$

Well width  $L$

Ground state  $1^{\text{st}}$  excited state  $2^{\text{nd}}$  excited state  $3^{\text{rd}}$  excited state

Show energy

Show fraction of probability density beyond edges of well

### Half-harmonic Oscillator

Simulation Challenges The half-harmonic quantum oscillator QuVis

Wavefunction  $\psi(x)$

Phase energy  $E(x)$

Quantum number  $n = 1$

Angular frequency  $\omega$

Apply force

Apply torque

Half harmonic oscillator  $V(x) = \frac{1}{2}m\omega^2x^2 + V_0$  for  $x > 0$ ,  $V = \infty$  for  $x < 0$

### Time Development

Simulation Challenges Time-development of infinite well quantum states QuVis

Phase  $\theta = 208^\circ$  Time  $t = 0.80 \text{ h.s.}$

Complex plane at point  $x = 0.25L$

The time-dependence of the one-dimensional infinite well energy eigenvalue  $\psi(x,t) = \psi(x)e^{-iEt/\hbar}$  corresponds to a rotation of  $\psi(x)$  in the complex plane with time-dependent phase  $\theta$ . Use the "I" buttons for more information. Then try the Challenges!

Main Controls

Show  $\psi(x)$

Show magnitude of wave function  $|\psi(x)|$  graph

### Gaussian Wave Packet

Simulation Challenges Time-development of a free particle Gaussian wave packet QuVis

Probability density  $|\psi(x,t)|^2$

Position  $x$

Initial wave packet

Position uncertainty  $\Delta x$

Momentum uncertainty  $\Delta p$

Main Controls

Initial position uncertainty

Show graph in 2D

Show  $\Delta x(t)$  in 2D graph

Show  $\Delta p(t)$  and  $\Delta x(t)$  graphs

Show sample numerical values

### 1D Particle in a Box

Simulation Challenges The one-dimensional particle in a box QuVis

Wavefunction  $\psi(x)$

Probability density  $|\psi(x)|^2$

Quantum number  $n = 6$

Energy  $E_n = E_1 n^2$

Consider a quantum particle of mass  $m$  confined to a one-dimensional region of zero potential energy between  $x=0$  and  $x=L$ . The graph at the top shows you the wavefunction and the selected energy level. The ground state corresponds to quantum number  $n=1$ , the first excited state to  $n=2$ , etc. How do the amplitude and wavelength of the wavefunction change with increasing quantum number  $n$  and width of the box? Press the "I" buttons for more information. Click on slides through the energy levels.

Display controls

Probability density graph  $|\psi|^2$

Classical probability density (red line)

Width L

### Successive Energy Measurements

Simulation Challenges Successive energy measurements QuVis

Probability density  $|\psi(x)|^2$

Consider a quantum particle confined to a one-dimensional region with an infinite square well or a harmonic oscillator potential energy. The graph shows you the probability density of the particle. Use the buttons to choose different initial states and to perform up to two successive energy measurements, with the system being superimposed between measurement intervals. Press the "I" buttons for additional information on the displayed quantities. Then try the Challenges at the bottom!

Outcomes

First measurement  $E = E_1$

Second measurement  $E = E_1$

Theoretical Probabilities

Has collapsed to  $\psi_1$

Polynomial energy

Side prior to measurement

Main controls

Perform 2nd energy measurement

Show expression for  $|\psi|^2$

### Expansion in Eigenstates

Simulation Expansion Game Expansion in energy eigenfunctions QuVis

Superposition  $\psi(x)$

Use the controls to create a spatial quantum wave function  $\psi(x)$  at time  $t=0$  in a quantum particle in an infinite square well, and show its decomposition into energy eigenfunctions. Press the "I" buttons for more information.

Main Controls

Expansion  $\psi(x)$  at time  $t=0$

Show expansion to energy eigenfunctions

Check eigenfunctions in  $|\psi|^2$  graph

### Superposition States in an Infinite Well

Simulation Challenges Superposition states in an infinite square well QuVis

Probability density  $|\psi(x)|^2$

Consider a quantum particle confined to move in one dimension in an infinite square well with walls at  $x=0$  and  $x=L$ . The graph shows you the probability density of the particle. Use the buttons to choose different initial states including energy eigenstates and superposition states. For which quantum states does the probability density change with time? How does the qualitative frequency relate to the energies in the superposition? Press the "I" buttons for additional information on the displayed quantities. Then try the challenges in the Challenges tool.

### Probability Current

Simulation Challenges Probability density and probability current QuVis

Probability density  $|\psi(x,t)|^2$

The graphs show you the probability density and associated probability current for a quantum particle in an equally-weighted superposition of the ground state and first excited state in a one-dimensional infinite square well. Press the "I" buttons for information on the displayed quantities. Then try the challenges in the Challenges tool.

Slope of probability current = Temporal change in

$$\psi(x) = \sum_{n=1}^{\infty} c_n \psi_n(x)$$

$$c_n = \int_{-\infty}^{+\infty} \psi_n^*(x) \psi(x) dx$$

Simulation

Expansion Game

## Expansion in energy eigenfunctions



$u(x)$  and  $\sum_n c_n u_n(x)$



individual  $c_n u_n(x)$



Your score: 0/100

Match the coefficients for the first six terms of the expansion for  $u(x)$  as closely as possible using the sliders below, or the arrows for more fine control. **Coefficients that should be zero must be set to zero exactly!**

Submit

Hint

$c_1 = 0.00$



$c_2 = 0.00$



$c_3 = 0.00$



$c_4 = 0.00$



$c_5 = 0.00$



$c_6 = 0.00$



Reset all



# Infinite Square Well

$$\psi(x) = \sum_{n=1}^{\infty} c_n \psi_n(x)$$

$$c_n = \int_{-\infty}^{+\infty} \psi_n^*(x) \psi(x) dx$$

Simulation

Expansion Game

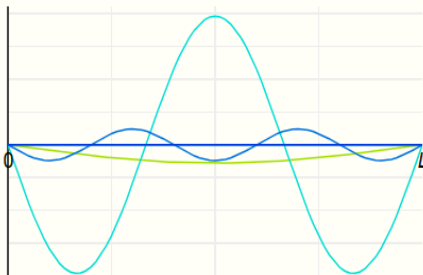
## Expansion in energy eigenfunctions



$u(x)$  and  $\sum c_n u_n(x)$



individual  $c_n u_n(x)$



1 2 3 4

Your score: 0/100

Match the coefficients for the first six terms of the expansion for  $u(x)$  as closely as possible using the sliders below, or the arrows for more fine control. **Coefficients that should be zero must be set to zero exactly!**

Submit

Hint

$c_1 = -0.14$

$c_2 = 0.00$

$c_3 = -0.98$

$c_4 = 0.00$

$c_5 = -0.12$

$c_6 = 0.00$



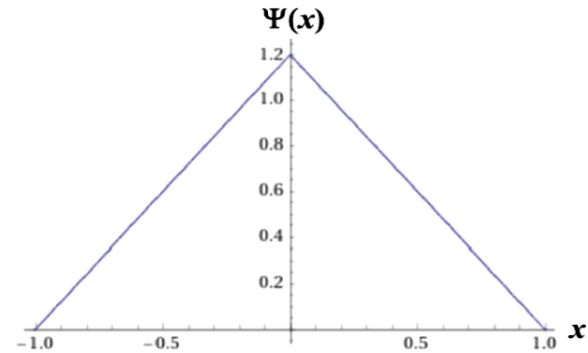
Reset all

# Infinite Square Well

A particle has the following wave function restricted to the region  $-1 \leq x \leq 1$ :

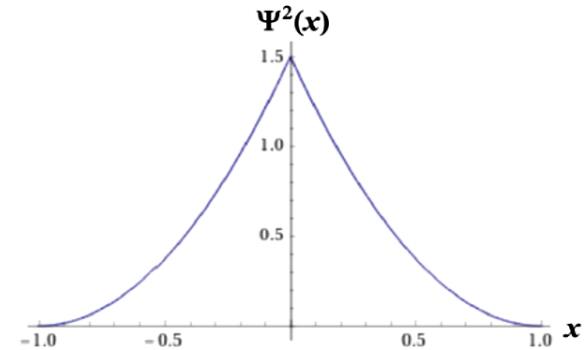
$$\begin{cases} \psi(x) = A(1 - x) \longrightarrow \text{for positive values: } 0 \leq x \leq 1 \\ \psi(x) = A(1 + x) \longrightarrow \text{for negative values: } -1 \leq x \leq 0 \end{cases}$$

a) Draw a graph of the wave function in the region  $-1 \leq x \leq 1$ .



b) Find the normalization constant  $A$ .

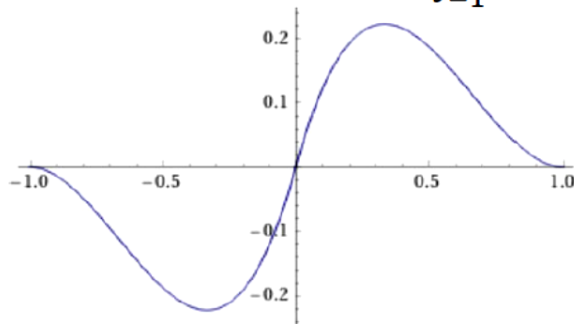
c) Draw a graph of the probability density in the region  $-1 \leq x \leq 1$ .



d) What is the probability of finding the particle in the region  $-0.2 \leq x \leq 0.2$ ? Explain why the probability is relatively high for such a narrow region.

e) What is the expectation value of  $x$ ?

$$\langle x \rangle = \int_{-1}^1 xP(x)dx = \int_{-1}^1 xA^2(1 - |x|)^2dx = 0$$



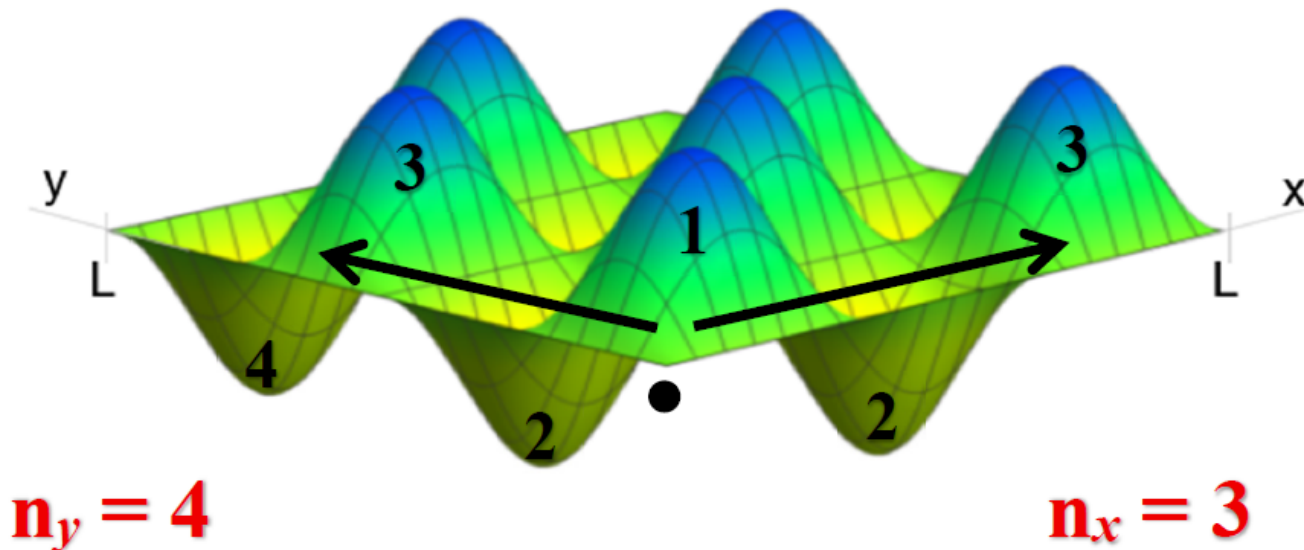
This is an odd function over a symmetrical interval around  $x = 0$ , therefore the integral will be zero.

2. A particle in an infinite square well potential is in a state represented by a wave function that is a superposition of two eigenfunctions:  $\psi = \sqrt{\frac{4}{5}}\psi_2 + \sqrt{\frac{1}{5}}\psi_3$ .

What is the expectation value of the energy  $\langle E \rangle$  for this state? Write your answer in terms of the ground-state energy  $E_1$ .

$$\langle E \rangle = P_2 E_2 + P_3 E_3 = \frac{4}{5}(4E_1) + \frac{1}{5}(9E_1) = \frac{16}{5}E_1 + \frac{9}{5}E_1 = 5E_1$$

3. Consider a 2D infinite square well, with quantum numbers  $n_x$  and  $n_y$  corresponding to the  $x$  and  $y$  directions, respectively. The width of the well is  $L$  in each direction. What are the values of  $n_x$  and  $n_y$  for this particular wave function?



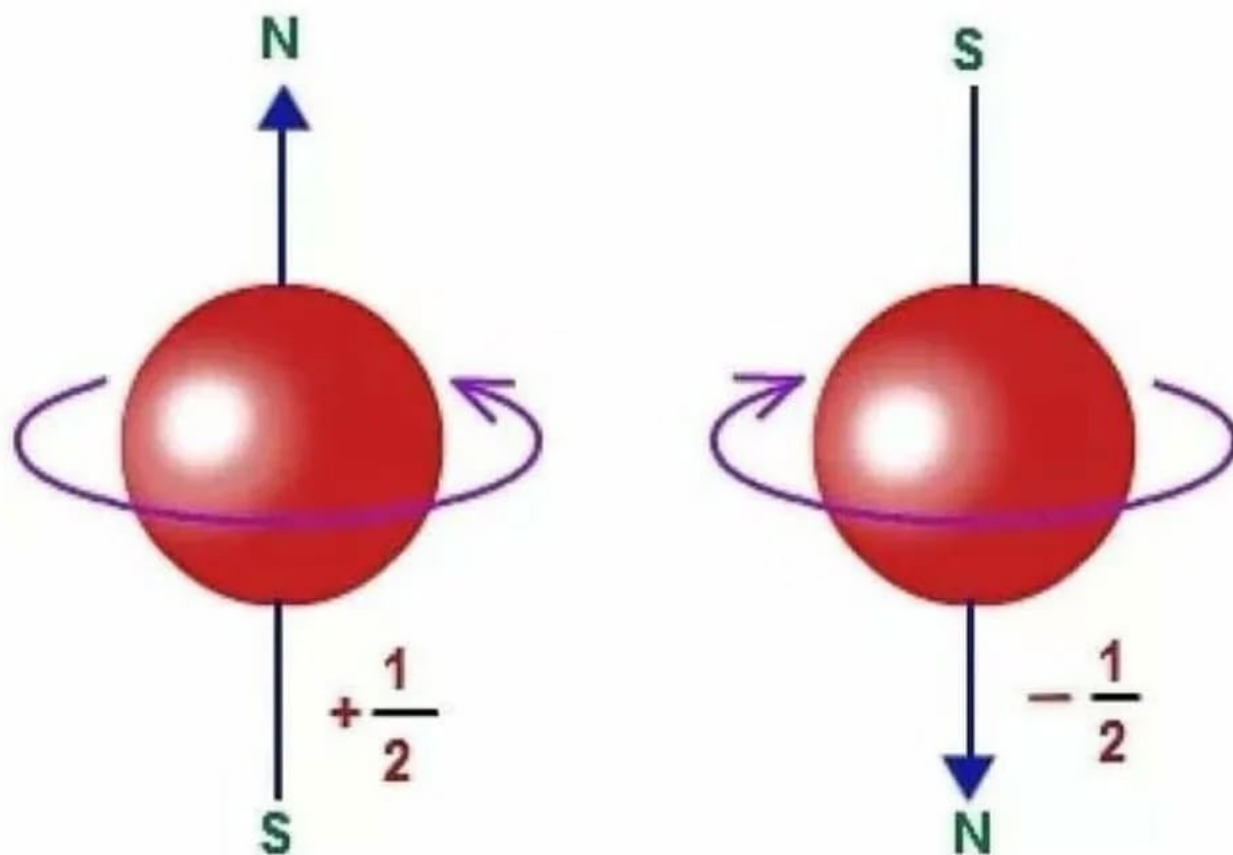
3. (6 pts) For a particle trapped inside an infinite square well of fixed width, what happens to the following parameters when the quantum number  $n$  increases?

- |  |           |                |           |
|--|-----------|----------------|-----------|
| a) The energy of the particle:         | increases | stays the same | decreases |
| b) The amplitude of the wave function: | increases | stays the same | decreases |
| c) The wavelength of the particle:     | increases | stays the same | decreases |

4. (6 pts) In a finite square well of fixed width and fixed depth, what happens to the wave functions or the corresponding probability densities as the various excited-state energies change?

- |   |              |                |              |
|---|--------------|----------------|--------------|
| a) As the excited-state energy $E$ gets higher in the finite well, the fraction of the probability density that extends outside the boundary of the well: | gets greater | stays the same | gets lower   |
| b) As the excited-state energy $E$ gets higher in the finite well, the difference in energy compared to its counterpart in the infinite square well:      | gets larger  | stays the same | gets smaller |
| c) As the excited-state energy $E$ gets higher in the finite well, the amplitude of the wave function:  | gets larger  | stays the same | gets smaller |

Electron spin explained: imagine a ball that's rotating, except it's not a ball and it's not rotating



9. (3 pts) The state of a spin  $\frac{1}{2}$  particle is described by:  $\psi = N \begin{pmatrix} i \\ 2 - i \end{pmatrix}$  where  $N$  is a normalization constant. What is the expectation value  $\langle s_x \rangle$  of the spin along the  $x$ -axis?

a)  $-\hbar$

b)  $\hbar/2$

c) 0

d)  $-\hbar/6$

e)  $-\hbar/3$

---

10. (3 pts) For a given state vector of a spin  $\frac{1}{2}$  particle, you find that the expectation value for a measurement of the mean value along the  $x$ -axis is  $\langle s_x \rangle = 0$ . If that is the case, then what is the probability  $P_{x\uparrow}$  of measuring **spin up** along the  $x$ -axis for this state?

a) 0

b)  $1/4$

c)  $1/2$

d)  $2/3$

e) 1

---

11. (3 pts) For a given state vector of a spin  $\frac{1}{2}$  particle, you find that the expectation value for a measurement of the mean value along the  $x$ -axis is  $\langle s_x \rangle = +\frac{\hbar}{2}$ . If that is the case, then what is the probability  $P_{z\downarrow}$  of measuring **spin down** along the  $z$ -axis for this state?

a) 0

b)  $1/4$

c)  $1/2$

d)  $2/3$

e) 1



**Insights from  
the Textbook**

# Wave-Particle Duality

But if the frequency is quantized in classical systems, so too will be the particle's energy, since the wave-particle duality of particles—namely, the relation  $E = hf$ —provides a direct link between their energy and the frequency of the corresponding wave. So if a quantum particle, say an electron, is trapped somewhere in space (e.g., in an atom or a molecule), the associated de Broglie wave will be a standing wave with quantized frequency, and therefore the energy  $E = hf$  of the electron will also be quantized. As we will see shortly, energy quantization for particles that are trapped in some region of space (and thus perform confined motion) is the deepest consequence of the wave-particle duality of matter.

# Probability Density

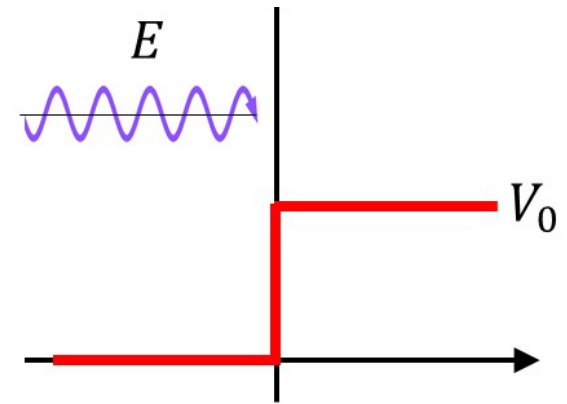
But even on purely physical grounds we can see why the proper choice for the probability density is the square of the wavefunction  $|\psi(x, t)|^2$ , and not any other positive quantity. Here is why. We know from classical wave theory that the energy density of a wave is given by the square of the “waving” quantity (i.e., the square of the wave amplitude). For example, in an electromagnetic wave, where the wave amplitude is given by the electric and magnetic fields  $\mathbf{E}$  and  $\mathbf{B}$ , the energy density in cgs units is

$$U = \frac{1}{8\pi}(\mathbf{E}^2 + \mathbf{B}^2).$$

Integrating this expression throughout all space gives the total energy of the wave, which is a constant of motion; it is independent of time.

In matter waves, the “waving” quantity is the wavefunction  $\psi(x, t)$ , even if it does not describe a measurable physical disturbance in itself. Thus we can infer that, to ensure conservation of the total probability,<sup>6</sup> which seems to be the analog of the total energy, we should rather choose the square of the wavefunction for the probability density.

# QM Reflection from a Potential



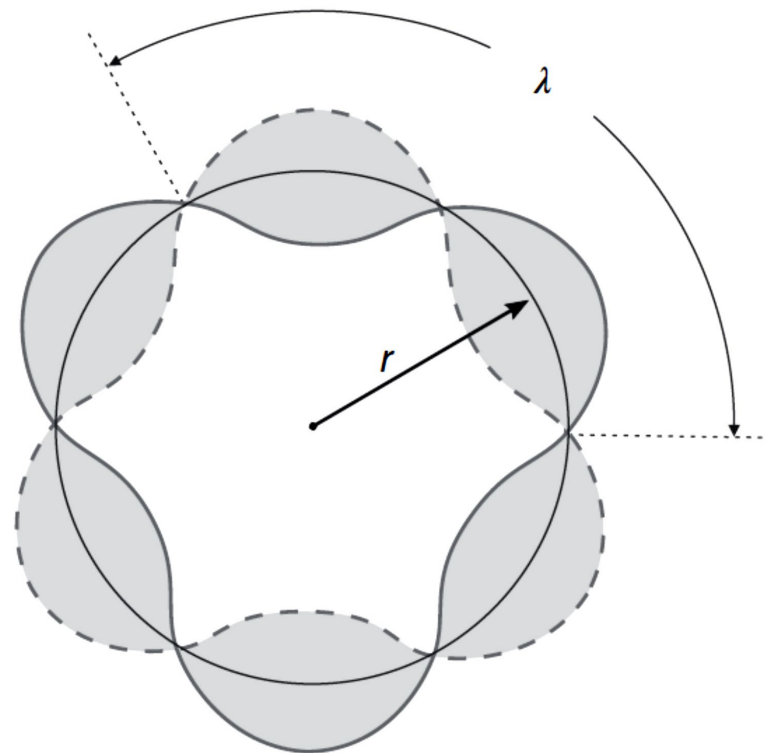
## 5.2.2.1 The Phenomenon of Classically Forbidden Reflection

The most notable consequence of the quantum mechanical solution we found is, surely, the possibility of reflection by the potential step even when the incident particle has the energy required to go through ( $E > V_0$ ). This behavior is the exact opposite of the penetration into classically forbidden regions we encountered in Chapter 4. In that case, the particle entered regions where it is not allowed to be, while now it sometimes avoids entering regions where it has to enter!

the potential jump at  $x = 0$  in the present case is completely analogous to the discontinuity of the refraction index  $n$  at the interface between two media, which causes an electromagnetic wave incident at the interface to be reflected.

7 It is curious that this flawed picture appears to go back all the way to the time of Schrödinger and de Broglie! (Which may partly explain its endurance, despite its falseness.) Indeed, as recounted by Felix Bloch (Section 2.2), Schrödinger himself had used this picture to obtain Bohr's quantization rules, an approach for which he was chided by Debye who characterized this way of thinking as "childish," thus prodding Schrödinger to delve deeper and come up with his eponymous wave equation. So, to a small extent, we may owe the discovery of the Schrödinger equation to this flawed picture of waves fitted along a stationary orbit.

**Figure 1.10** A false picture that should be discarded. Here the electron supposedly forms something like sinusoidal standing matter waves along a circle of radius  $r$ . But this picture is a flawed projection to three-dimensional space of the classical picture for a wave on a string. Three-dimensional waves—quantum or classical—typically fill the space and surely do not look like standing sound waves in a circular tube.





# **Pedagogy and Student Feedback**

**Modern Physics**

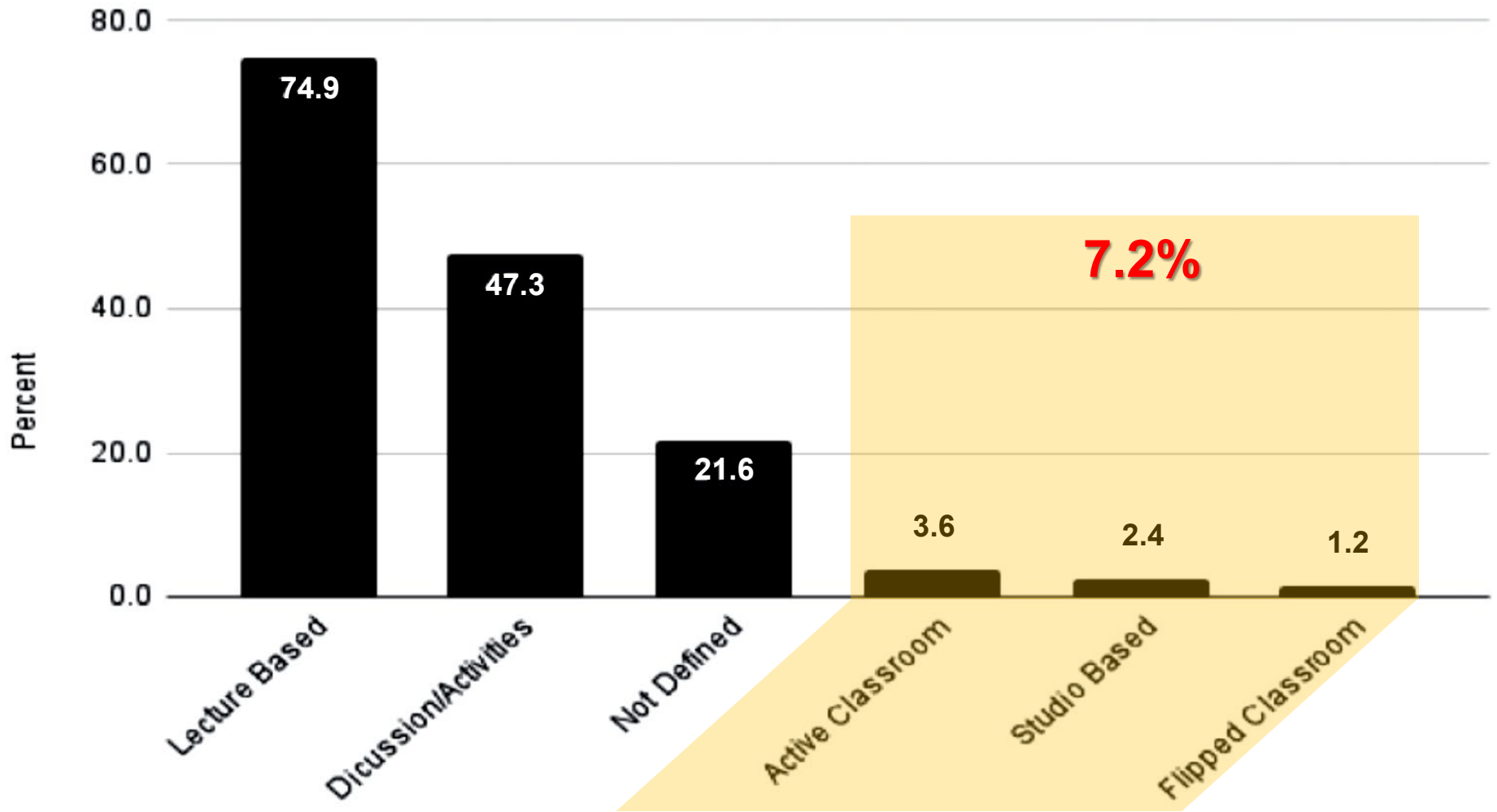
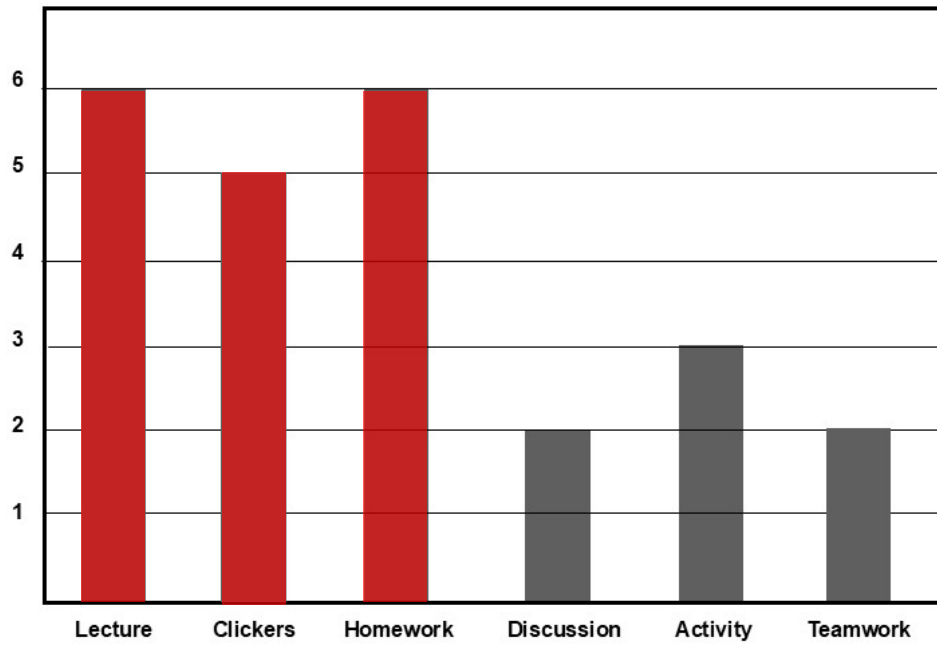


FIG. 7. Pedagogical approach utilized.

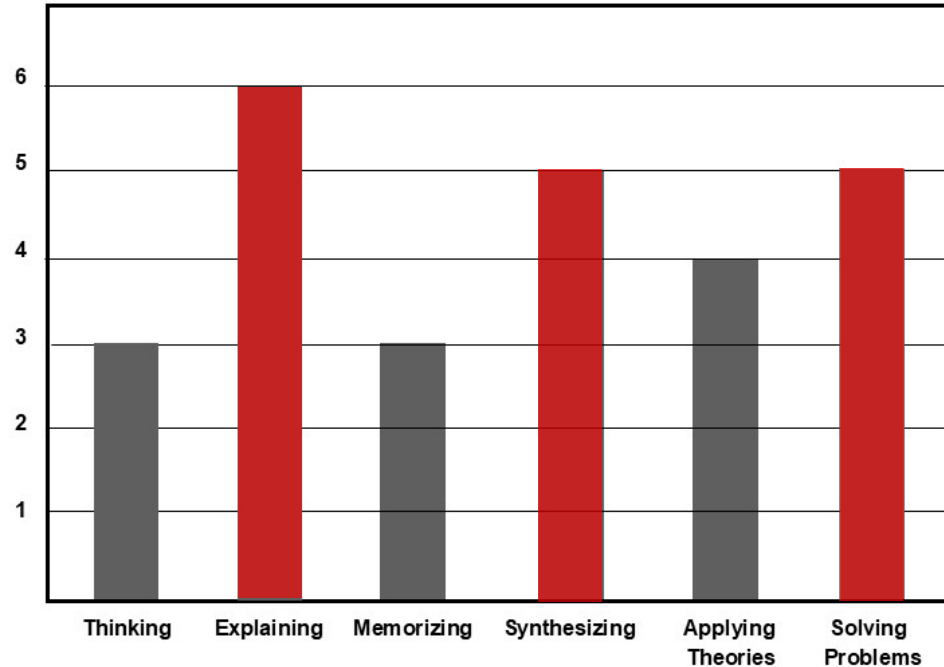
Teaching methods that enhanced learning



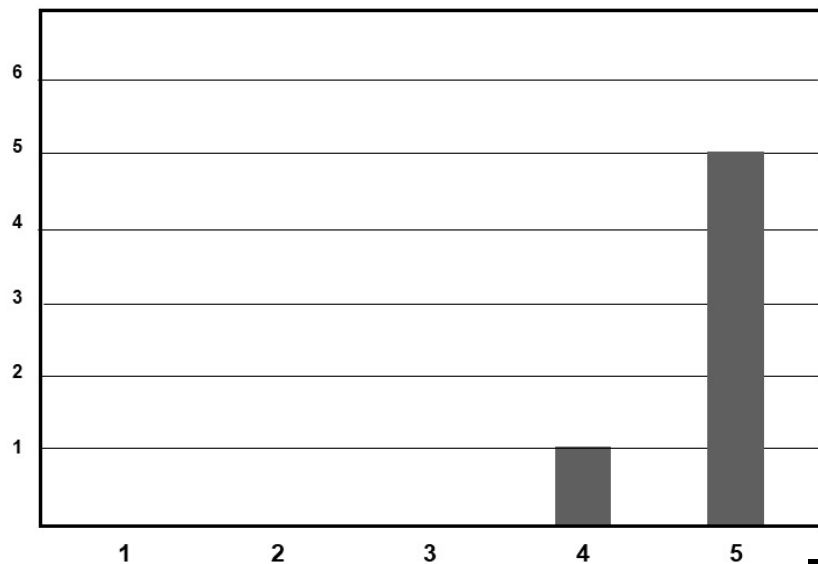
# Student Feedback

**N = 6**

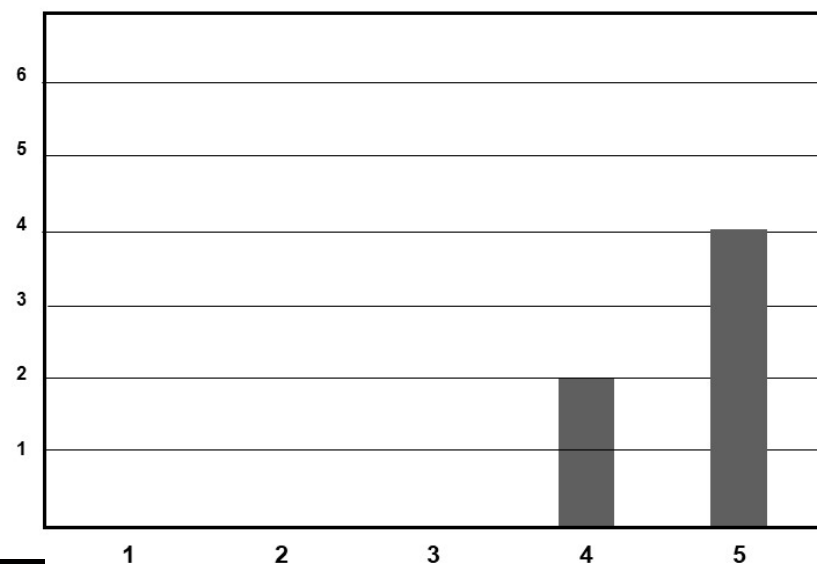
Major aspects of efforts in the course



How much learned in the course

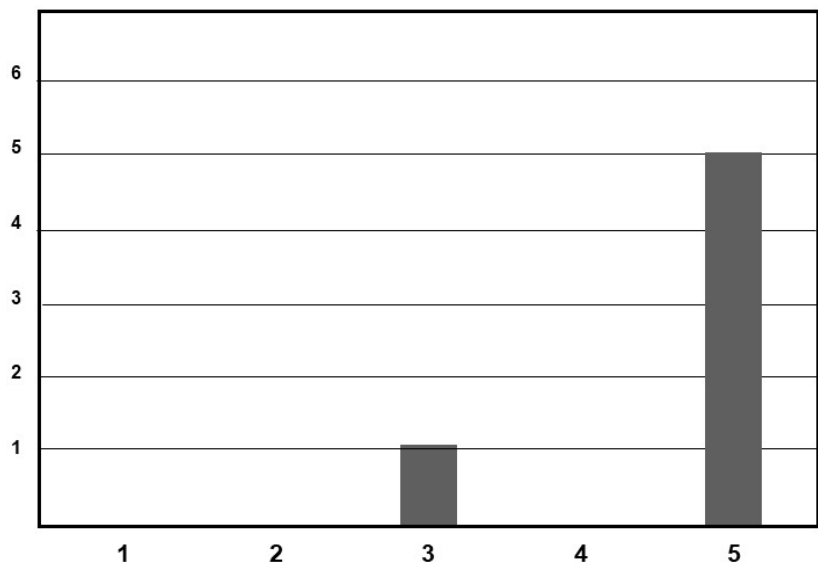


Level of intellectual challenge

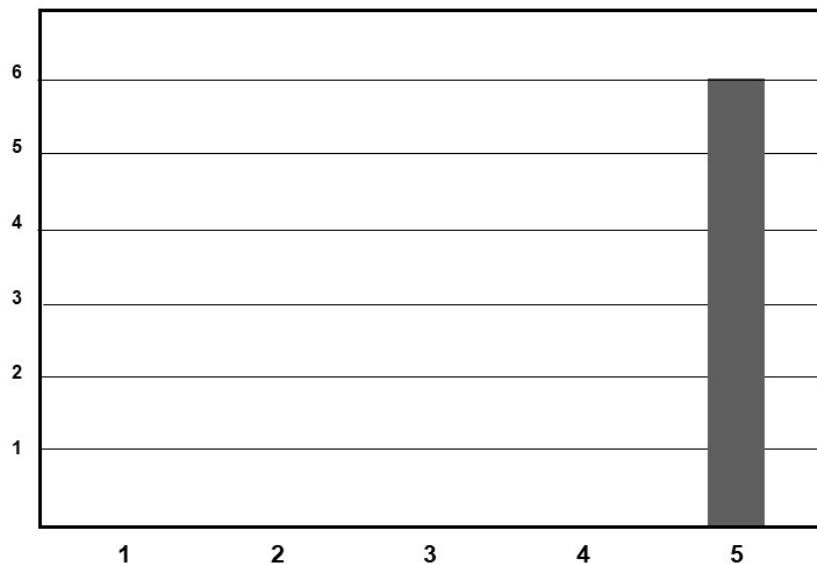


**N = 6**

Course covered stated objectives



Student put forth best effort



# Strengths of the course (from student evaluations)

- ✓ I really appreciated how this course was taught like a modified SCALE-UP, it was extremely useful when trying to learn a subject that feels as abstract and unintuitive as quantum mechanics.
- ✓ The textbook was indeed interesting and so were the quick in-class responses.
- ✓ Really exciting and weird topics. This was my favorite course of the whole semester. Optional supplementary sessions were great; I found them to be very enriching while also being low stakes, which was nice.

# Pedagogical Strengths of Textbook (Google AI summary)

**Intuition-First Approach:** The book relies heavily on **dimensional analysis** and **order-of-magnitude estimates** to build a physical "feel" for the subject before diving into deep math.

**Conceptual Focus:** It treats the **uncertainty principle as a central, foundational concept** rather than just a mathematical consequence of commutation relations.

**Broad Practical Application:** Beyond theory, it includes detailed sections on **quantum chemistry**, **chemical bonding**, and the **electronic structure of solids**.

**Expert Translation:** Reviewers note the **high quality of the English translation**, describing the prose as "warm and inviting" and "brilliantly accessible".

# Conclusions

- Implemented **SCALE-UP** for upper-level QM class
  - ◆ collaborative **group activities** during class
  - ◆ emphasis on **conceptual understanding** in QM
  - ◆ development of **problem-solving skills** (lots of practice)
  - ◆ **established a legitimate active-learning classroom!**
- **Basic feedback from students**
  - ◆ acknowledged / appreciated **SCALE-UP** format of class
  - ◆ actually **LIKED** the textbook!
  - ◆ attended Friday supplemental sessions (**voluntarily!**)
- **Personal conclusions (my own...)**
  - ◆ **this actually worked!**